



Felix Grundy 5K



About the Event:

The 5K will take place during Felix Grundy Days in Grundy Center, IA. The event is organized by the Grundy Center Wellness Committee and the Grundy Family YMCA. This year's event will be held Saturday, July 10th at 8:00am. The 5K route will start at the Grundy Center High School and circle through the southern portion of Grundy Center. All age groups are invited to participate in the 400 meter Fun Run following the 5K.

Entry Fee:

Adult Fee

- Pre-register by June 28, 2021 - \$20
- After June 28, 2021 & race day - \$25

Youth Fee (17 & Under)

- Pre-register by June 28, 2021 - \$10.00
- After June 28, 2021 & race day - \$15.00

T-shirts are included for all pre-registered participants and available for same day entrants while supplies last.

NEW! ONLINE REGISTRATION available: <http://getmeregistered.com/FelixGrundy5K>

Questions? Email Mandy Yoder myoder@blackhawkymca.org or call 319-825-6210

Check In:

Packet pickup and same day registration will be Saturday, July 10th from 7:00-7:30 a.m. Race begins at 8:00a.m. Same day registration will take place at the Spartan Stadium Track, 1006 M Ave, Grundy Center, IA.

Awards:

Awards will be given to 1st & 2nd place female and male finishers in each age group.

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|------------------------------------|-------------|-------|-------|
| 1st Place finishers – Gold Medal | | | |
| 2nd Place finishers - Silver medal | | | |
| 0-5 | 6-11 | 12-15 | 16-18 |
| 19-29 | 30-39 | 40-49 | 50-59 |
| 60-69 | 70 & Better | | |

Directions to Grundy Center:

Grundy Center is located 7 miles south of Hwy 20 on Hwy 14, 25 miles southwest of Cedar Falls and 25 miles northeast of Marshalltown.

Felix Grundy Festival Fun! Check out all of the activities that are planned for the 2021 Felix Grundy Festival by clicking on this link: <http://www.felixgrundyfestival.com>

TITAN MACHINERY

GRUNDY CENTER



Grundy County Memorial Hospital
UnityPoint Health

Mail this form to: Grundy Family YMCA
102 E G Ave
Grundy Center, IA 50638

Name: _____ Age: _____ Birth date: _____
Address: _____ City: _____
State: _____ Zip: _____ Sex: _____ Email: _____
T-Shirt Size (circle one): No shirt or Men's S M L XL 2XL
Youth S M L

In consideration of your acceptance of this entry, I hereby for myself, my heirs, executors and administrators waive any and all rights and claims for damages I have against individuals associated with this event, their agents, representatives, sponsors, and the City of Grundy Center, for all and any injuries to me in this event. I attest and verify that I have full knowledge of the risks involved in this event and that I am physically fit and able to participate. I also give permission to use my name and picture in any publicity matters.

Signature: _____ Parent/Guardian signs for participant under age 18.) Date: _____