

 **Live Healthy IOWA**

5K

May 1, 2021

DIKE

8 AM • 5K RUN/WALK

9 AM • 1K KID'S RUN

START/FINISH

GRUNDY COUNTY LAKE

16855 U AVE., DIKE

**BONDURANT
BRITT
CARROLL
DICKINSON COUNTY
DIKE
FORT DODGE
FORT MADISON
MONROE COUNTY
SERGEANT BLUFF
SIOUX CENTER
SPENCER
STORY CITY**

**RACE DETAILS &
REGISTRATION**

▶ **Live Healthy IOWA 5K.org**

**T-SHIRT • RACE NUMBER • FINISHER MEDAL
POST-RACE REFRESHMENTS • PRIZES**

888.777.8881 • INFO@LIVEHEALTHYIOWA.ORG

